



# Plainfield High School Lunch

October 2017

**2**  
**Spaghetti & Meatballs**  
 Chicken Parm Pizza  
 Side Salad

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**Sweet Corn**  
 Fresh Apple

**3**  
**Fish Sticks w/ Mac & Cheese**  
 Meatball Pizza  
 Mixed Salad

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**Green Beans**  
 Raisins

**4**  
**Oven Roasted Chicken**  
 Buffalo Chicken Pizza  
 Caesar Salad

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**Sweet Potato Fries**  
 Fresh Pear

**5**  
**Popcorn Chicken Bowl**  
 Ham Hawaiian Pizza  
 Spinach Salad

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**Campfire Beans**  
 Fresh Banana

**6**  
**Sweet & Sour Chicken & Broccoli**  
 Taco Pizza  
 Fruit Salad

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**Collard Greens**  
 Fresh Grapes

**9**  
 School Closed

**10**  
**Rotini w/ Meat Sauce**  
 Breadstick  
 Chicken Parm Pizza  
 Caesar Salad

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**Green Beans**  
 Mango Peach Applesauce

**11**  
**Loaded Baked Potato W/ Broccoli & Cheese**  
 Buffalo Chicken Pizza  
 Side Salad

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**Glazed Carrots**  
 Fresh Peach

**12**  
**Sausage and Red Beans**  
 Santa Fe Rice  
 Chipotle Chicken BBQ Pizza  
 Garden Salad

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**Baked Beans**  
 Raisins

**13**  
**General Tso Chicken**  
 Brown Rice  
 Greek Feta Pizza  
 Spinach Salad

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**Steamed Spinach**  
 Fresh Grapes

**16**  
**Beef Meatloaf**  
 Mashed Potatoes  
 Sausage Pizza  
 Fruit Salad

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**Steamed Corn**  
 Fresh Apple

**17**  
**Popcorn Chicken Bowl**  
 Mashed Potatoes  
 Hawaiian Pizza  
 Caesar Salad

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**Fresh Roasted Cauliflower**  
 Fresh Plum

**18**  
**Cheesy Baked Penne**  
 Garlic Breadsticks  
 Beef Chili Lime Pizza  
 Side Salad

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**Fresh Roasted Acorn Squash**  
 Fresh Pear

**19**  
**Nacho Tater Bites**  
 Cheesesteak Pizza  
 Garden Salad

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**Campfire Beans**  
 Raisins

**20**  
**Cajun Chilibites Bowl**  
 Chicken Mac N Cheese Pizza  
 Spinach Salad

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**Fresh Broccoli**  
 Fresh Grapes

**23**  
**Burger Bar**  
 French Fries  
 Jalapeno Pepper Pizza

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**Steamed Corn**  
 Fresh Apple

**24**  
**Mozzarella Sticks**  
 Marinara Sauce  
 Tomato & Herb Pizza  
 Garden Salad

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**Green Beans**  
 Fresh Peach

**25**  
**Oriental Chicken & Broccoli**  
 Egg Fried Rice  
 Mexican Pizza  
 Caesar Salad

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**Vegetable Medley**  
 Applesauce

**26**  
**Cajun Meatball Stew**  
 Yellow Rice  
 Cheesesteak Pizza  
 Garden Salad

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**Charro Beans**  
 Raisins

**27**  
**Pasta Carbonara**  
 Dinner Roll  
 BBQ Chicken Pizza  
 Fruit Salad

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**Steamed Broccoli**  
 Fresh Grapes

**30**  
**Salisbury Steak**  
 Penne Pasta  
 White Cheese Pizza  
 Side Salad

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**Fresh Roasted Brussel Sprouts**  
 Fresh Apple

**31**  
**Country Chicken Bowl**  
 Mashed Potatoes  
 Spicy BBQ Chicken Pizza  
 Mixed Salad

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**Fresh Roasted Carrots**  
 Fresh Peach

**1**

**2**

**3**

No pork products are offered. We serve only Chicken Pepperoni, Turkey Sausage and/or Chicken Ham.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

## FUEL



October Fuel is Grilled Sandwiches!

We use all whole grain products



1% and Lowfat Milk

